

Northern Tier Community Action Corp.
Head Start Program
September/October 2023
NEWSLETTER

Dave Greene
Executive Director

Dear Parents . . .



The staff of Northern Tier Head Start is so happy that you have decided to begin your child's first school experience with us! We are looking forward to a fun, happy, and productive program year.

Policy Council:

Next Meeting:
October 12, 2023 at
10:30 AM

Virtual Meeting

NTCAC Head Start's central purpose is to prepare children for kindergarten. Head Start views school readiness as children possessing the skills, knowledge, and attitudes necessary for success in school and for later learning and life. We have established **SCHOOL READINESS GOALS** that are appropriate for the ages and development of enrolled children. Our school readiness goals are the following:

GOAL #1

NTCAC will enhance child development and school readiness through the provision of high-quality early education.

GOAL #2

NTCAC will provide continued education and training to recruit and retain individuals committed to a long-term career.

Goal #3

NTCAC will utilize the Positive Behavior Interventions and Support (PBIS) Framework - Pyramid Model to foster social-emotional competence in children, families, and staff.

GOAL #4

Provide resources to improve the well-being and quality of health for children and their families.

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Deb Sidelinger, Head Start Director

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Program Goals

Northern Tier also has **PROGRAM GOALS**, which are statements of long range intended outcomes of the program. They describe the knowledge, skills, and values expected of program participants and should be consistent with the mission of the program. Our program goals are as follows:

NTCAC will enhance child development and school readiness through the provision of high-quality early education.

NTCAC will provide continued education and training to recruit and retain qualified individuals committed to a long-term career.

NTCAC will utilize and fully integrate the Positive Behavior Interventions and Support (PBIS) Framework/ Pyramid Model to foster social-emotional competence in children, families, and staff.

NTCAC will provide the resources to improve the well-being and quality of health for children and their families.

There will be many opportunities for you to become engaged in your child's learning experiences. Learning activities, events, parents meeting and committees are some of the ways you can involve yourself in the program and help through your child's Head Start journey.

THANK YOU for sharing the Head Start experience with your child! We look forward to working with your family during this upcoming year!

Did you know that when parents are involved in their children's education, schools and communities grow stronger? Ask your child's teacher how you can help in the classroom or school.



*Your involvement **will** make a difference.*

Deb Sidelinger, Head Start Director

Messages from Marcy . . .



Welcome to Head Start!

We are excited to start a new year. We recognize you are your child's first and important teacher. We encourage you to be involved with your child's education, by volunteering, attending parent meetings, trainings, and actively participating with your child both at home and at school. Our staff is available to help you when ever needed.

We ask that your child attend class every day that we have class. Attendance is very important. In order for a child to get the full benefits of Head Start, they must attend. However, we do understand that children get sick and can't attend class. Please contact your center if your child will not be attending class. Communication is so important.

This newsletter is just one way that we can communicate with you. This is a four county newsletter from the NTCAC Head Start management team. Northern Tier Community Action Head Start is located in Cameron, Elk, McKean, and Potter counties. You will also receive a monthly newsletter from your center/ site.

Our Facebook page will give you information about your site as well as others. Find us at Northern Tier Community Action Head Start.

Please be sure to check your child's backpack daily for important messages. We also will send Remind messages.

Parent center Committee (PCC) meeting are held monthly. Parent meetings are another way that we communicate what is happening at your site.

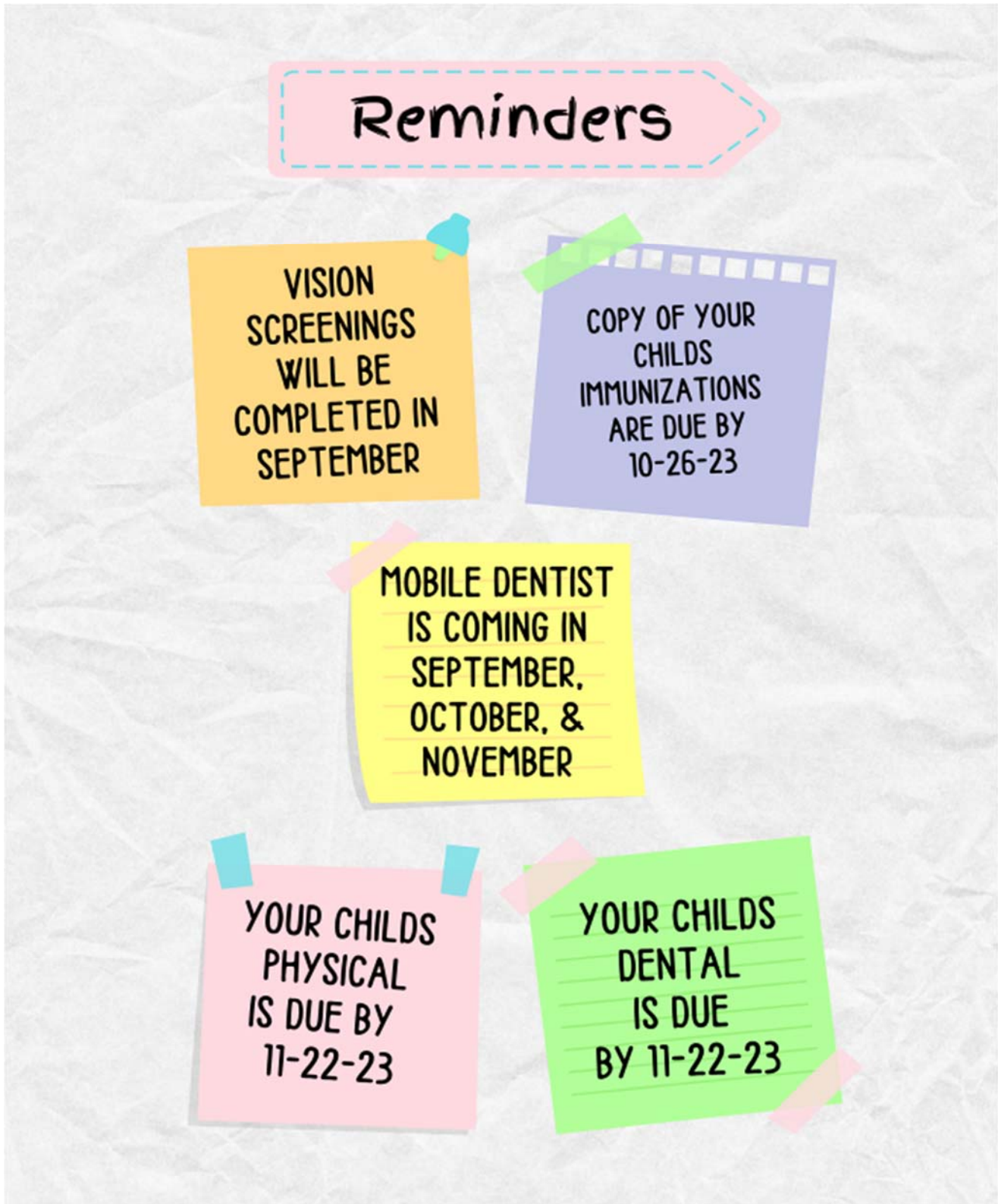
Parent / Teacher conferences and Home Visits are provided throughout the year. Staff schedules home visits and conferences to discuss your child's progress and talk about family strengths and goals/dreams.

Please know that we take confidentiality very seriously and make every effort to protect a family's privacy.

Marcy Boswell
Community & Family Manager



Reminders . . .



Bonnie Halquist, Health & Nutrition Manager

PBIS—What It Is And Why We Use It

Positive Behavioral Interventions and Supports or PBIS is a framework used to encourage a safe school setting by supporting social, learning, behavioral, and emotional needs. Studies show that rewarding good behavior has more of an effect at reducing negative behavior than punishing bad behavior.

Your busy little bees will be learning lots of fun new things this year. They may have shared our classroom rules with you:

These 3 simple rules can be used in any environment your child may visit. Please take the time to review these with your child and what they mean.



Be Safe

Use walking feet, gentle hands and feet

Be Responsible

Take care of myself and my friends, use listening ears, and follow our classroom rules

Be Kind

Use nice words and actions, be a good friend

A magnet was created for your home staff have these to hand out. Please use this to help connect these rules to your home and other activities outside of the classroom. As part of this PBIS program, we will be using sticker charts and bucket fillers as a form of positive re-enforcement. Celebrate their successes it helps re-enforce the good behaviors as well.

If you would like ideas on using this system at home, please feel free to reach out to your teaching staff or Family Service Worker as they are full of useful information.

Rochelle Stewart, Education Manager

Fall Fun!



Fall Wreath

Have your children collect leaves and glue down on a paper plate ring. Add a pretty bow ribbon and hang on your door to welcome visitors!

Your little one will love painting leaves on a tree using a cotton ball & clothes pin paintbrush!



Social Media



Follow us on Facebook to stay connected with program news and happenings! Like “Northern Tier Community Action Corporation Head Start & Pre-K Counts”



Also, follow us on Pinterest to get new ideas! Follow “NTCAC Head Start”